

Name: _____

Date: _____



October Make up ASSIGNMENT

Theme: Prayer, The Ten Commandments, and Going to Mass

Instructions: If you missed class, please complete this make-up activity at home. You can type directly in the boxes or handwrite your answers after printing. Email your completed worksheet to faithformation@wallingfordctcatholic.org or bring it to your next class.

Part One: Talking to God through Prayer

Prayer is how we talk and listen to God. Jesus gave us the Our Father as a perfect example of prayer. Write a short personal prayer

Part Two: Living the Ten Commandments

The Ten Commandments show us how to love God and others. They are not just rules, they are a path to happiness and peace. With the help of a Parent pick one commandment and explain how you can live it in your daily life as a family. Example: 'We can live out Honor your father and mother by helping at home without being asked.' (for IReference Pg.3)



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Part Three: Going to Mass

At Mass, we worship God together as a community. We listen to His Word, receive Jesus in the Eucharist, and are sent out to live as His disciples.

Attend Sunday Mass. Then answer these questions:

1. What part of the Mass did you like the most and why?

2. What did you hear in the readings or homily that stood out to you?

3. How can you carry what you experienced at Mass into your week?

Reflection-What is one thing you can do this week to grow closer to God through prayer, following the commandments, or going to Mass?

Reference

The Ten Commandments

Do not have other gods besides Me. Exodus 20:3 HCSB

Do not make an idol for yourself. Exodus 20:4a HCSB

Do not misuse the name of the Lord. Exodus 20:7a - HCSB

Remember the Sabbath day. Exodus 20:8a - HCSB

Honor your father and your mother. Exodus 20:12a - HCSB

Do not murder. Exodus 20:13 - HCSB

Do not commit adultery. Exodus 20:14 - HCSB

Do not steal. Exodus 20:15 - HCSB

Do not give false testimony... Exodus 20:16a - HCSB

Do not covet... Exodus 20:17a - HCSB